

Public speaking

Length :	3 days
Venue :	Your facilities/Online
Calendar :	TBA
Group size :	5 to 15 persons
Public :	Ph.D students,
Trainer :	Laurence Moss, Georges Pillegand-Le Rider, Marine Pansu

This training program enables you to become aware of all the mechanisms involved in oral expression. It focuses on speech development (outline, introduction, development, argumentation, conclusion), speaking (voice, body language, behavior) and listening.

Overall pedagogical objective

Feeling confident as a speaker

Specific pedagogical objectives

- Understand the mechanisms of oral expression
- Master elocution and speech coherence
- Familiarize yourself with interviews and confrontations
- Learn how to steer a debate, lead a meeting, express an opinion, take part in a conversation...

Teaching method

Interactive workshop with individual and group exercises

Programme

- Analyzing your image.
- Enhancing your personal assets
- Mastering speech, body language, breathing, style...
- Discovering the verbal and non-verbal aspects of communication
- Taking your audience into consideration
- Asserting yourself with accuracy
- Managing improvisation